

Long Beach Junior Roller Derby

(longbeachjuniorrollerderby.com)

Our Mission: Help girls (& boys) become their best while training them to compete in roller derby competitions. Promoting and fostering communication, teamwork and sportsmanship.



What are basic Roller Skating Lessons?

Qualified and trained roller skaters will teach your child the fundamentals of making their skates roll, stop, turn and jump. We will work with each individual child as they will all have their own learning pace. Some will get it right away and some may “hug the walls” and that’s ok.

We will play games that contribute to the learning environment, there will be music on some days and there will be some roller derby drills on others!!
(Ages 5 & up)

What is Roller Derby?

Roller derby can be a full contact sport played on roller skates. The junior version is broken down by age and skill level. We call that no contact or light contact.

A bout or scrimmage consists of two teams with five members each. Bouts have two 30-minute half’s. Teams face off in a series of 2 minute "jams". The Jammer scores points by lapping members of the opposing team.

Teammates known as Blockers assist their Jammer while blocking the opposing Jammer — in effect, playing both offense and defense simultaneously.

Ages 9 - 18

Temple Bell Ringers - Ages 10-18 who have passed skills assessment

Maritime Mashers - Ages 10-18 those who have not passed skills assessment

Pike’s Pixies - Ages 3-10

When is practice?

Practice can vary due to weather and our outdoor facility but our practice days are usually Wednesdays, Thursday and Saturdays. Check the Band Application for updated schedule.

BOARD OF DIRECTORS: ROLES AND RESPONSIBILITIES

Mamma Masher in Charge

Miss Mimi Masher

Cell 562-248-4218

LongBeachJuniorRollerDerby@gmail.com

Coaches

Nikki Slixx

Heather Cerny

Beau Williams

Psyko

Head Referee

Tink-r-Toys

Team Mom Captains

TBD

Welcome Committee

TBD

Team Captains

TBD

Head of Safety

TBD



Rules

- Must have proof of personal Insurance
- **Parents must remain for practices**, unless prior arrangements have been made. Guests are welcome to watch.
- If you are a Full Time Skater, you must make minimum 10 practices a month to be eligible to skate in scrimmages and bouts. If you are a Part Time Skater, you must make minimum 4 practices to be eligible to skate in scrimmages and bouts.
- If you cannot make practice, please let me know 24 hours in advance. If you will miss more than one practice or take a vacation, please let me know. You will be removed from the roster and the group board after missing too long without notification.
- Must report any injury promptly to Mimi or an LBJRD coach.
- Monthly or bi-monthly skills assessments are mandatory to be considered for Roller Derby.
- Annual Insurance fee in March \$50.00
- Monthly Dues are required for each skater.
- Uniform fee is \$45. Must purchase scrimmage t-shirts, \$25. Homemade scrimmages shirts are ok in the beginning. Events are; bouts, scrimmages, roll outs, parades or other community events. Dues are due by the 10th of each month. A \$5 late fee will apply to all payments after the 10th.
 - Full Time Monthly / \$60.00
 - Part Time Monthly / \$40.00
 - Drop In / \$5.00 each visit (valid only for non-LBJRD members and potential members. LBJRD skaters need to notif)
 - NSO / Non-Skating / Injured / \$25.00

Please complete the following and return promptly:

- Skater Team Expectations and Commitment Agreement
- Automatic Credit Card Authorization Form (optional)
- Parent/Guardian Information and Contact Form
- Insurance Information, copy of Insurance Card front and back
- Membership Enrollment Payment at first months end



Checklist For Practice, Scrimmages or Bouts

- Roller skates; check that toe stops are tight and nuts are secure
- Helmet, number on the wearer's left side is 4 inches, right side skate name is optional, make sure fit only allows two fingers between chin and strap
- Mouth guard
- Elbow pads
- Wrist guards
- Knee pads; also advised are knee gaskets
- Socks (sounds weird but if you wear flip flops all the time, they are easy to forget)
- Black / White Scrimmage Tees
- Uniform
- Water - Clearly labeled with your name
- Tennis Shoes for off skates workouts
- LBJRD Notebook/pencil or pen
- Any required waivers or forms

REMEMBER: Always label your gear with your name and/or number!!

Every kids stuff begins to look the same.



SKATER & TEAM EXPECTATIONS AND COMMITMENT AGREEMENT

This Team Expectations and Commitment Agreement is made this _____ day of _____, 20____ between Long Beach Junior Roller Derby "LBJRD" (referred to as "league") and _____ (legal name, referred to as "skater") and addresses the skater's involvement with the league.

Skater acknowledges and agrees to the following:

1. **TERM** The term of this contract shall run from **March 1, 2020** through **November 31, 2020**.

2. **MUTUAL RELEASE**: Skater agrees to complete and sign a separate liability waiver as a condition to his/her enjoyment of the benefits under this agreement.

3. **SKATER COMMITMENT**:
 - a. **LEADERSHIP**: Each skater/parent must fulfill a committee position within the league.
 - b. Skaters on a team must stay active on a committee, which will be confirmed by the committee head, or they will not be eligible to bout.
 - c. Opt Out Commitment Charge is available upon request.

**LBJRD League wide committee participation: Please mark your top 3 in order 1...2...3
All skaters are required to be active on a committee to be eligible for roster.**

- ___ Event Production (Tickets, Raffle, Hospitality, Security)
- ___ League Relations (Community Involvement, Street Team)
- ___ Fundraising (League Fundraising events)
- ___ Marketing (Web Site, Press, Programs, Social Media, Graphics)
- ___ Membership (Name Registry, Insurance Verification, USARS, Office Work)
- ___ Ref Crew (on and off skates Refs)
- ___ Sponsorship (Vendor Relations, Sponsor Outreach)

What experience do you have that may benefit the committee(s) chosen?

4. TEAM COMMITMENT

- a. Skater agrees not to skate for any other competitive roller derby team or league during the term of this agreement without the PRIOR written consent of the team captain(s) and coach.
- b. Skater agrees to follow any additional team expectations set by their team.

5. FINANCIAL COMMITMENTS

- a. DUES: As outlined in the membership agreement.
 - I. Skater will maintain active skater status by keeping current on monthly dues owed to Long Beach Junior Roller Derby as agreed on upon in the membership agreement. The nonpayment of any monthly dues by any skater* will result in suspension of practice time and bouting privileges until all monthly dues are paid up to date. * Except for skaters ages 3-8
 - II. Membership Types / Cost
 - Full Time Skater + 3 half hour private lessons \$136.00
 - Full Time Skater \$ 60.00
 - Part Time Skater \$ 40.00
 - Active Ref or NSO / Injured / Off Season \$ 25.00
- b. LIABILITY INSURANCE: Risk management for the league.
 - I. In order to maintain liability insurance and protect the league, skater agrees to help offset the cost by paying \$50 by March 1, 2020.

6. BOUT SCHEDULE: Scheduled dates and teams subject to change.

- a. Home Games: Proposed schedule to be posted no later than May 2020.
- b. Away Games: Dates will be provided as soon as they are confirmed.
- c. Any changes to the schedule will be provided as soon as possible.

7. CODE OF CONDUCT

- a. Skater agrees to abide by the Long Beach Junior Roller Derby Code of Conduct which can be found and reviewed in the LBJRD Facebook Group.

8. TERMINATION

- a. Breach of any of the terms of this agreement shall give LBJRD the right to immediately terminate this agreement and forfeit skater's rights to be a Long Beach Junior Roller Derby league member and retain the current month's membership dues.

IN WITNESS WHEREOF, the Parties execute this AGREEMENT.

Paren: print name |signature | date

Skater: print name |signature | date



GUARDIAN CONTACT FORM

Skater Name _____ Number _____ Date: _____

Child's Legal Name: _____

Child's Birthday: _____ Shirt Size (circle size): Adult / Child XS S M L XL

Child's Cell Phone (if available): _____

Child's Email (if available): _____

Facebook (if available): _____

Parent/Guardian #1

Name: _____

Relationship to Child: _____

Primary Phone: _____

Alt. Phone: _____

Email: _____

Facebook: _____

Preferred Communication Method for League Announcements and Information:

Call Text Message Email Facebook

Parent/Guardian #2

Name: _____

Relationship to Child: _____

Primary Phone: _____

Alt. Phone: _____

Email: _____

Facebook: _____

Preferred Communication Method for League Announcements and Information:

Call Text Message Email Facebook



AUTOMATIC CREDIT CARD BILLING AUTHORIZATION FORM (optional)

Please fill out this form for membership. All requested information is needed. Upon approval, we will automatically bill your credit card for the amount indicated below, and your total charges will appear on your monthly credit card statement. You may cancel this automatic billing authorization with a two weeks' notice via email to LongBeachJuniorRollerDerby@gmail.com. Please allow two weeks to process your request. We do not refund first month of membership or partial months. It is the member's responsibility to alert us if you are no longer attending practice due to injury or wish to resign from the league. We do take attendance to track skaters' practices for membership. The first month membership fee is non-refundable.

Membership Type (PLEASE CIRCLE ONE):

- Full Time Skater + 3 .5 hour private lessons \$136.00
- Full Time Skater \$ 60.00
- Part Time Skater \$ 40.00
- Active Ref or NSO / Injured / Inactive \$ 25.00

3 month Pre-Pay Full Time Membership \$ 140.00 Non-Refundable /Non-Transferable

***Holidays and rink closures will change scheduled practices, please check the website for an updated practice schedule weekly! **\$1.50 processing fee for credit card payments**

Type of Credit Card (circle one) VISA MC

PLEASE PRINT CLEAR AND LEGIBLY ~ PLEASE PRINT CLEAR AND LEGIBLY

Skate Name: _____

Real Name: _____

Card Holder's Name (If Different): _____

Card Holder's Billing Address: _____

Billing Zip Code: _____

Credit Card #: _____

Expires (MM/YY): _____ Last 3 Digits on Back of Card: _____

Signature: _____ Date: _____

By signing this document you acknowledge that you have read and understand the LBJRD Credit Card payment agreement above.



INSURANCE/SAFETY FORM

Skaters are required to have personal medical insurance.

Please attach a copy of Insurance card front and back.

Insurance Information	
Real Name:	Date of Birth:
Health Insurance Provider:	Policy Number:
Preferred Hospital:	Expiration Date:
	Phone:
Known Allergies:	Medications:
Any other health, medical concerns or allergies we should be aware of:	



UNIFORM ORDER FORM

ORDER	TYPE	DESCRIPTION	SIZE	COST	
	Uniform - Top	1 Jersey w/Logo Name & Number		\$22.00	
	Uniform - Bottom			TBD	
	Scrimmage Tees	1 Black w/Logo, Name & Number 1 White w/Logo, Name & Number		\$25.00	
	Team Jacket (optional)	1 Black Sweater w/Logo, Name & Number		\$45.00	
	Bout Helmet	1 Black S-1 Lifer Helmet w/Logo, Name & Number		\$40.00	

Skater Name _____ Number _____

Child's Legal Name: _____

Shirt Size (circle size): Adult / Child

XS S M L XL