

FAQ

Please check website for current dates and times

Bayshore Sports Rink - 14 54th Street Long Beach Ca

How old do they have to be?

Ages 5 - 18

Is it girls and boys?

Yes, we have roller derby and referee options available for everybody (even parents!!)

What if my child doesn't know how to skate?

We will teach everybody all the essentials to basic roller skating as well as beginning to excelled roller derby. (Or, as an official!!)

What do they need to play?

Proper roller derby safety gear. To include helmet, elbow and knee pads, wrist guards, mouth guard, a black and a white shirt plus a water bottle. All safety gear must be regulation style roller derby safety gear.

You also need proper quad roller skates with proper wheels and toe stops. Skate maintenance is encouraged. Correct equipment is the best way to equip your child for success in derby.

Also required is proof of personal insurance.

Where can I get proper safety gear and equipment?

There are 2 local skate shops both are staffed with friendly, knowledgable derby players. Feel free to ask them questions. Moxi Roller Skate Shop and Wicked Skatewear, mention JRDLB when you go.

What skates should I get?

I find the Sure Grip Rebel skate to be a great starter skate that won't break the bank. You can ask about rentals as well. Vinyl skates are an efficient choice for kids also. Leather is optimum but can be expensive if your child is still growing. I'd ask the shop what is new from Riedell or Sure Grip. (this is my personal opinion)

How much does Jr Derby cost?

Dues are due by the 10th of each month and they start at \$25 range to \$60.